

Post-COVID Care Clinics

Some people who had COVID-19 continue to experience health issues for weeks or months after their initial illness. This is known as **post-acute COVID-19 syndrome, also called long COVID or chronic COVID**. Long COVID comprises a wide range of new, returning or ongoing symptoms people can experience after getting COVID-19.¹ Patients with long COVID commonly present with fatigue, cognitive dysfunction (brain fog), and cardiopulmonary, gastrointestinal, and mental health symptoms. Several New York City (NYC) hospitals have specialized clinics to provide follow-up care to people who had COVID-19. Post-COVID care clinics bring together clinical teams from different specialties (including pulmonology, cardiology, rehabilitation, neurology and mental health) to provide comprehensive treatment. There are also rehabilitation and physical therapy clinics with specialized services for people recovering from COVID-19.

Below is a list of NYC post-COVID-19 care clinics for patients with continuing health issues after COVID-19 illness and for providers to refer patients who require specialized care. This is not intended to be an exhaustive list of all providers and clinics providing post-COVID specialty care.

Services at NYC Health + Hospitals (H+H), including the H+H sites listed below, are available to all New Yorkers regardless of ability to pay, insurance coverage, or immigration status. Please check with the other facilities listed below for information on accepted forms of insurance, the availability of sliding scale fee schedules for uninsured patients, and whether a referral is required.

Health System	Clinic Name	Address	Contact	URL
Bronx				
BronxCare Health System (formerly Bronx Lebanon)	Post-COVID Care Clinic	Pulmonary Clinic 199 Mount Eden Ave. 7th Floor, Bronx, NY 10457	718-99-BRONX (718-992-7669)	bronxcare.org
Health + Hospitals	NYC Health + Hospitals/Gotham Health, Tremont COVID-19 Center of Excellence	1920 Webster Ave., Bronx, NY 10457	844-NYC-4NYC (844-692-4692 or 212-COVID-19 (212-268-4319)	nyhealthandhospitals.org/covid-19-center-of-excellence

¹Centers for Disease Control and Prevention. Long COVID or Post-COVID Conditions. Last accessed May 24, 2022. [cdc.gov/coronavirus/2019-ncov/long-term-effects/index.html](https://www.cdc.gov/coronavirus/2019-ncov/long-term-effects/index.html)

Montefiore Health System	COVID-19 Recovery (CORE) Clinic	Medical Arts Pavilion 3400 Bainbridge Ave. Second Fl., Bronx, NY 10467	844-556-6683 Extension #36	einsteinmed.edu/departments/medicine/divisions/pulmonary-medicine/CORE.aspx
Brooklyn				
Health + Hospitals	NYC Health + Hospitals/Gotham Health, Broadway COVID-19 Center of Excellence	815 Broadway Brooklyn, NY 11206	844-NYC-4NYC (844-692-4692 or 212-COVID-19 (212-268-4319)	nyhealthandhospitals.org/covid-19-center-of-excellence
Maimonides Medical Center	Maimonides Center for Post-COVID Care	948 48th St., Brooklyn, NY 11219	718-283-5815 or 718-283-8328	postcovidcarecenters.org
	Shaknovich Cardiovascular Wellness Institute	3209 Coney Island Ave., Brooklyn, NY	718-635-5577	
	Maimonides Children's Hospital Post-COVID Recovery Program	949 48th St., Brooklyn, NY 11219	718-283-1244	
	Maimonides Center for Post-COVID Care	4813 Ninth Ave., Brooklyn, NY 11206	718-283-5815	
Queens				
Health + Hospitals	NYC Health + Hospitals/Gotham Health, Roosevelt COVID-19 Center of Excellence	37-50 72nd St., Jackson Heights, NY 11372	844-NYC-4NYC (844-692-4692 or 212-COVID-19 (212-268-4319)	nyhealthandhospitals.org/covid-19-center-of-excellence

Medisys Health Network: Jamaica/Flushing Hospitals	Post-COVID Care Center	MediSys-Hollis Tudors Clinic 200-16 Hollis Ave., St. Albans, NY 11412	718-736-8204	jamaicahospital.org/post-covid-care-center flushinghospital.org/clinical-services/post-covid-care-center
Northwell Health	COVID Ambulatory Resource Support (CARES)	Multiple locations and virtual options	855-5NWH-CARES (855-569-4227)	northwell.edu/coronavirus-covid-19/cares-program
Manhattan				
Mount Sinai Health System	Center for Post-COVID Care	Mount Sinai-Union Square 10 Union Square East New York, NY 10003	212-844-6300	mountsinai.org/about/covid19/center-post-covid-care
H&D Physical Therapy	COVID Rehab Clinic at H&D Midtown	815 Second Ave. #701 (at E. 43rd St), New York, 10017	212-921-0214 consult@covidpt.org	hdphysicaltherapy.com/post-covid pulmonarywellness.org/covid-bootcamp
New York Presbyterian Health System	Weill Cornell Post-ICU Recovery Clinic and Pulmonary Clinic	425 E. 61st St. 11th Floor (post-ICU)/Fourth Floor (pulm), New York, NY 10065	646-962-2333 (pulm) rehab@med.cornell.edu	weillcornell.org/post-icu-recovery-clinic weillcornell.org/wcm-pulmonary
	CUMC COVID-19 Rehabilitation Program	180 Fort Washington Ave. First Floor, Suite 199 New York, NY 10016	212-305-3535 rehabmed_help@cumc.columbia.edu	cumc.columbia.edu/rehab/patient-resources/covid-19-rehabilitation-program
NYU Langone Health	Rusk Rehab at NYU Langone Health	240 E. 38th St. 15th Fl., New York, NY 10016	212-263-6037	med.nyu.edu/rusk/rusk-rehab-nyu-langone-health

Northwell Health	COVID Ambulatory Resource Support (CARES)	Multiple locations and virtual options	855-5NWH-CARES (855-569-4227)	northwell.edu/coronavirus-covid-19/cares-program
Staten Island				
Richmond University Medical Center	Post-COVID-19 Care Center	288 Kissel Ave., Staten Island, NY 10310	718-818-1500	rumcsi.org/postcovidcare
Northwell Health	Staten Island University Hospital Post-COVID Recovery Center	475 Seaview Ave., Staten Island, New York 10305	718-226-6494	siuh.northwell.edu/post-covid-recovery-center
Multiple Locations In and Out of NYC				
Motion PT Recovery	Post-Acute COVID Recovery Program Clinics	Multiple locations and virtual options	347-745-0122	motionptg.com/post-covid-recovery-program
Mount Sinai Trusted Rehabilitation Network	Post-COVID Rehabilitation Clinics*	Multiple locations, virtual and in-home options	646-689-3276	mountsinai.org/care/rehab-medicine/services/physical-occupational-therapy/provider-network *Practices will be noted as COVID trained .
SPEAR Physical Therapy	COVID-19 Rehabilitation Therapy	Multiple Locations	646-528-5554	spearcenter.com/service/covid-rehab-breathing-exercises
NYC Langone Health	NYU Post-COVID Care Program	Multiple Locations	212-263-6115	nyulangone.org/locations/post-covid-care-program
New York Presbyterian Health System	Columbia Primary Care Post-COVID Care Program	Multiple Locations	844-387-2273	columbiadoctors.org/specialties/primary-care/post-covid-care

The NYC Health Department may change recommendations as the situation evolves.

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